

# NOTICE OF RACE

## The Fish Hoek Galley/ E-T-E THERE AND BACK CHALLENGE



CLUB HOUSE MAIN BEACH, FISH HOEK, CAPE TOWN, SOUTH AFRICA  
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Incorporating  
24<sup>th</sup> Multihull Cape Point Challenge

**Saturday 14 April 2018 (15 April reserve day)**

The race is open to all classes of beach catamarans, surfskis and SUPs.

**Entry** R 200,00 per SUP / paddler (single)  
R 250,00 per sailor  
R 150,00 per double paddler  
R 100,00 per junior or for a short SUP / surfski course

**RACING TOPS WILL BE FREE FOR THE FIRST 80 ENTRIES ONLY! (EASIER VIA WWW.ROAG.CO.ZA)**

<b>Registration</b>	Friday 13 April Saturday, 14 April	18h00 to 20h00 07h30 to 30min before start of discipline
<b>Skippers Briefing</b>	Friday, 13 April Saturday 14 April	20h30 for Multihull sailors 08h30 for Surfski's and SUP's
<b>Race Start</b>	Saturday 14 April	09h00 for Surfskis and SUP's 10h00 for multihull classes under 18ft length 11h00 for multihull classes over 18ft length
<b>Reserve date</b>	Sunday 15 April	If inclement weather on Saturday. Times will be same as above.

The Fish Hoek Galley/E-T-E THERE AND BACK CHALLENGE is a multi-discipline event including sailing – all classes of beach multihulls welcome; surf skiing and SUPing. Each discipline will have its own there-and-back challenge. Sailing will race the usual Cape Point and back route. Surfski and SUP courses will be determined on the race day depending on conditions and will be announced at skipper's briefing. We encourage competitors, families and friends to attend the event as we cater for a festive spectator-friendly day of sea-sports.

***The event is a fundraising event for the NSRI.***

***Funds raised will be donated to Station 10 in Simonstown.***



The Fish Hoek Galley/ E-T-E  
THERE AND BACK CHALLENGE





**1 ORGANISING AUTHORITY**

The Organizing Authority for the event is the Fish Hoek Beach Sports Club under the auspices and authority of South African Sailing – Western Cape.

**2 RULES**

**2.1** The regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS) 2017-2020.

**2.2** Boats participating in this regatta shall conform to the Equipment Rules of Sailing (ERS), the Class Rules, this Notice of Race, and the Sailing Instructions.

**3 ADVERTISING**

Advertising will be restricted to Category C. ISAF Regulation 20 applies.

**4 ELIGIBILITY AND ENTRY**

**4.1** In accordance with the International Sailing Federation (ISAF) Regulation 19 (Eligibility Code), all sailing competitors (helmspersons and all other crew) shall be members in good standing of a Yacht Club affiliated to and in good standing with SA Sailing or their Member National Authority in the case of non-South Africans. The Yacht Club name and membership details shall be stated on the entry form or crew list.

**4.2** The sailing regatta is open to all beach catamarans provided that the Race Committee is satisfied that the Time Correction Factor (TCF) for each class of competing catamaran is competitive in comparison with the majority of the fleet, taking race control and safety factors into account. Entries from yachts other than the above category may be accepted, at the sole discretion of the Race Committee, but will not be eligible for inclusion in the race results.

**4.3** Only those skippers and crew whose entry forms have been signed by both skipper and crew will be allowed to compete. Scrutinising will be carried out on

a random basis, and the onus is on every skipper to ensure that his/her boat is entirely seaworthy and that both he/she and his/her crew carry all the required equipment as prescribed below.

**5 FEES**

As indicated on the Notice of Race

**6 MEASUREMENTS**

A boat or equipment may be inspected at any time for compliance with the Class Rules and Sailing Instructions. On the water, a boat can be Instructed by a Race Committee Measurer to proceed immediately after the completion of a race to a designated area for inspection. The entire provisions of RRS78 shall apply.

**7 SAILING INSTRUCTIONS**

Sailing Instructions will be available from the Regatta Secretary on completion of Registration.

**8 VENUE**

Racing will take place on the waters of False Bay.

**9 THE COURSES**

The courses will be described in the Sailing Instructions and at the skippers' briefings.

**10 PENALTY SYSTEM**

Rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

**11 RADIO COMMUNICATION**

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to cellphones.





**12 SCORING**

**12.1** Catamaran handicaps (Time Correction Factors) will be applied to each of the listed classes on elapsed time. If any other class enters the race, the skipper must provide an official, verified TCF to the Race Committee. In the absence of a verified TCF, the Race Committee may allow the boat to take part in the race, but it will not be eligible for inclusion in the corrected time results.

Class	TCF	Class	TCF
Hobie Tiger	1.000	Dart 18	1.213
Hobie 18	1.089	Mosquito with spin	1.200
Hobie 16	1.195	Hobie Dragoon	1.414
Hobie 16 with spin	1.149		
Hobie 14	1.366		
Hobie 14 with jib	1.265		

Corrected Time = Elapsed time x TCF. The catamaran with the lowest Corrected Time will be declared the Race winner.

**13 SAFETY**

**13.1 All competitors shall comply with their class buoyancy and safety requirements.**

**13.2 All competitors shall wear a personal flotation device. Wet or Dry suits do not constitute adequate buoyancy!**

**13.3 Every boat & competitor is required to carry the safety equipment listed in appendix 1.**

**Note: Failure to comply with the safety regulations above will be in direct contravention of the Notice of Race and subject to disqualification!**

**14 PRIZES**

Prize will be awarded at the discretion of the organizers.  
All multihull classes with 5 or more entrants shall be awarded a handicap prize for the winner in the class.

**15 DISCLAIMER OF LIABILITY**

**Competitors participate in the event entirely at their own risk.** See rule 4, “the responsibility for a boats decision in a race to continue racing, is hers alone”. Neither the Organizing Authority nor its officials or sponsors or other persons associated with the organization of the event will accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta. Information concerning the extent of the rescue and communications facilities will be announced at the Skipper’s Briefing.

**16 INSURANCE**

It is recommended that each participating boat has third-party liability insurance.





ANNEXURE 1 – SAFETY EQUIPMENT

**Each multihull is required to carry the following essential equipment:  
Surfskis and Sups shall adhere to the items indicated in red**

CHECKLIST

<b>1</b>	Personal Flotation Device capable of fully supporting the wearer, to be worn by all competitors at all times whilst on the water, with a whistle attached thereto. <b>Applicable to Surfskis and SUP's</b>	
<b>2</b>	A set of 3 pencil flares (plus launcher) and one orange smoke flare attached to the boat.  In addition each competitor, <b>including Surfski's and SUP's</b> , must have a cellphone in a waterproof pouch attached to his/her personal flotation device and kept on his person at all times whilst on the water, with the following emergency numbers pre-programmed:  <ul style="list-style-type: none"> <li>- NSRI rescue officer: 082 990 5965</li> <li>- Sea rescue emergency: 021 449 3500</li> <li>- Bridge officer: 083 463 7773</li> </ul> It is highly recommended that competitors install the RSA "SafeTRX" app on their phones.	
<b>3</b>	A numbered tag <b>or a permanent marked number in the case of Surfski's and SUP's</b> , will be allocated to every competitor at registration. These tags are to be worn on your person throughout the race and handed in at the finish line, or on retirement to the official beach captain immediately once arrived back on shore at FHBSC. <b>Failure to take your tag or showing your permanent marked number before launching and/or handing it back at the finish line will lead to disqualification.</b>	
<b>4</b>	Each sailor to have on his person a Knife and a lanyard no less than 50cm. <b>Surfskis and SUP's shall attach their boards to one ankle with a leash.</b>	
<b>5</b>	Each multihull to carry a minimum of one liter of fresh drinking water per person.	
<b>6</b>	Each multihull to have onboard a Righting/Tow Line (minimum 6m length)	
<b>7</b>	Each multihull to carry a paddle.	

